

Charting the Dark Sector Theoretical Perspectives on Dark Matter

Nicolao Fornengo

Department of Physics, University of Torino
Istituto Nazionale di Fisica Nucleare (INFN)



UNIVERSITÀ
DI TORINO



Ministero
dell'Università
e della Ricerca



Fundamental Facts and Questions

- Overwhelming evidence that majority of pressurless, clustered matter in the Universe is non-baryonic
- Gravitational inference clear, fundamental nature still a mystery

Fundamental Facts and Questions

- Overwhelming evidence that majority of pressurless, clustered matter in the Universe is non-baryonic
- Gravitational inference clear, fundamental nature still a mystery
- What is Dark Matter?
 - A particle or a manifestation that we do not understand gravity?
 - If a particle, what are key parameters: mass, spin, interaction types and strengths
 - If not a particle, what modification of gravity or spacetime dynamics could reproduce what we call DM across all scales (galaxies, clusters, gravitational lensing, cosmology) ?

What is known

Relevant for the particle
cosmological behaviour,
production mechanism, mass
and interactions

- Cosmic density about 25% of the Universe total budget
CMB anisotropies, LSS

What is known

- Cosmic density about 25% of the Universe total budget

CMB anisotropies, LSS

- Local density: $0.3\text{-}0.4 \text{ GeV cm}^{-3} = 10^5$ average density

Local stellar motions

- Local velocity dispersion: $(200\text{-}300) \text{ km s}^{-1}$

Local stellar motions

Relevant for direct detection,
Earth/Sun neutrino flux

What is known

- Cosmic density about 25% of the Universe total budget
CMB anisotropies, LSS
- Local density: $0.3\text{-}0.4 \text{ GeV cm}^{-3} = 10^5$ average density
Local stellar motions
- Local velocity dispersion: $(200\text{-}300) \text{ km s}^{-1}$
Local stellar motions
- No preferred length scale
Galaxy clustering and evolution
- Behaves as non-relativistic and pressurless (cold or cold-enough)
Structure formation
Excludes lightest neutrinos, implications for light scalars
- Early appearance: gravitational influence way before CMB release
Galaxy clustering
For light bosons, this sets the latest epoch of particle creation/start of CDM behaviour
- No significant interaction with ordinary matter or self-interaction
Darkness, Bullet cluster

Relevant for the particle
cosmological behaviour,
production mechanism, mass,
interactions, direct and indirect
detection

Charting the unknown– Mass scale

10^{-19} eV	μ eV	0.1 eV	keV	MeV	GeV	10^2 TeV	$10^{-16} M_\odot$	$10 M_\odot$	$10^3 M_\odot$
Fuzzy DM	QCD axion/ALPs	Sterile ν	WIMPs & WIMPzillas				PBH		
Bosonic	Boson	Boson Fermion	Boson Fermion				Non particle		
Quantum fluid	Thermal Non-thermal	Non-thermal	Thermal Non-thermal				Primordial		
Cold	Cold	Warm-ish	Cold				Cold		

Charting the unknown – Interaction

Gravitational only	No detectable non-gravitational coupling	Primordial black holes, compact dark objects
Feeble SM coupling	Never thermalizes with SM; tiny portal couplings	FIMPs / freeze-in DM, sterile-neutrino DM, very weak hidden sectors
Axion-like / Anomaly couplings	Very light bosons with suppressed couplings to photons, gluons, fermions	QCD axion, ALPs, wave-like DM
Portal-mediated hidden sector	DM couples to SM through a mediator	Dark photon / vector portal, Higgs portal, neutrino portal, scalar portal, pseudoscalar portal
Weak-scale interactions	Relic abundance may arise from freeze-out; sizeable annihilation/scattering	WIMPs, SUSY neutralino-like DM, electroweak multiplets, some Higgs-portal or Z' models
Self-interacting dark sector	DM-DM scattering is important, SM coupling may be tiny	SIDM, light dark mediators, atomic DM, mirror/dark plasma models
Strong/composite dark sector	Confined or composite dark states	Dark baryons, dark mesons, SIMP-like models, asymmetric composite DM

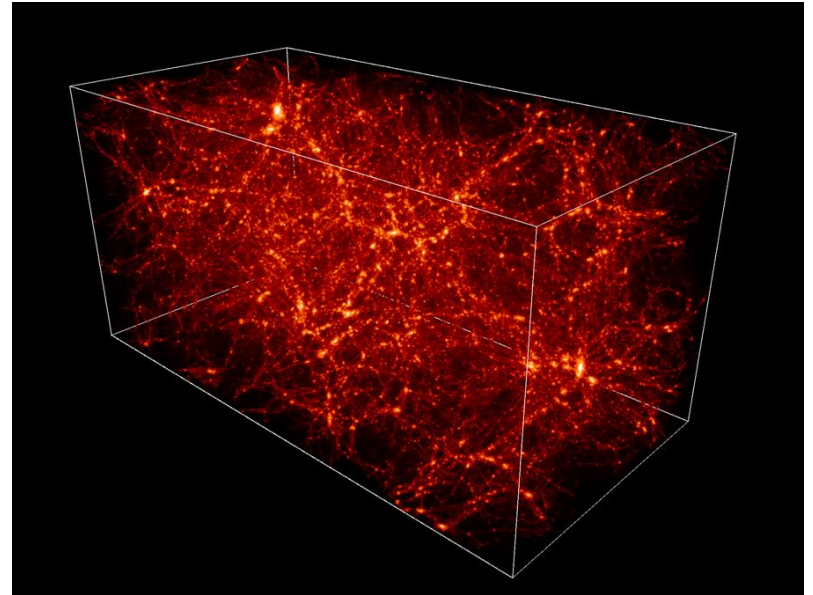
Charting the unknown – Production

Thermal freeze-out	DM was initially in thermal equilibrium and later decoupled when annihilations became inefficient	WIMPs, secluded WIMPs, some SIMPs
Freeze-in	DM was never in equilibrium; produced gradually from rare interactions	FIMPs, sterile neutrinos, some axions
Misalignment mechanism	A classical field stores energy in the early Universe and later oscillates as cold DM	QCD axions, axion-like particles, ultralight scalars
Gravitational production	Produced purely by the expansion of spacetime or inflationary dynamics	Superheavy DM, some primordial relics
Asymmetric production	DM abundance generated by a particle–antiparticle asymmetry analogous to baryogenesis	Asymmetric DM
Dark-sector freeze-out	Freeze-out occurs within a hidden sector, not directly with the Standard Model	Secluded DM, dark photons, hidden-sector DM
‘Cannibalization’ / SIMP mechanisms	Number-changing self-interactions determine abundance	SIMPs, ELDERs
Non-thermal decay production	Produced from decays of heavier particles after decoupling	Moduli decay, inflaton decay, gravitino decay
Primordial relics	Produced through gravitational collapse or phase transitions	Primordial black holes

Tools at hand

Cosmic surveys

- CMB probes
 - Galaxy surveys
 - Galaxy clusters surveys
 - Weak lensing surveys
 - Ly-alpha
 - Neutral Hydrogen intensity mapping surveys
 - Voids surveys
 - Filaments
-
- Allow to test DM on different scales and at different times
 - Probe coldness, collisionless and pressurless hypotheses, interactions with visible sector, possibly single vs multi-component
 - Probe DM clustering (non-linear scales) and growth of structures
 - Probe of early DM injected energy: CMB distortion, ionization



Tools at hand

Cosmic laboratories

- Sun, other stars

- Can capture WIMPy DM and produce neutrino fluxes
- DM can alter their inner structure and energy transport (both for WIMP and axions), thus affecting stellar properties and evolution
- DM rich environment can affect stellar formation rates and stellar evolution

- Supernovae

- MeV DM production can affect cooling

- Neutron stars

- WIMPy DM capture can modify NS temperature (kinetic heating) – very effective for sub-sub-GeV DM
- DM accreted around NS or inside the NS core can affect BH inspirals
- ALP conversion in magnetosphere

- Black Holes

- DM accreted around BH can affect BH physics
 - Formation of DM mini-spikes
 - Superradiance for light bosonic DM (ALPs) [effective also for NS]
 - Local DM environment affecting the inspiral signal of compact objects (backreaction on the metric, dynamical friction): extreme mass-ratio inspirals more affected
- Gravitational waves from PBH merging

- Stochastic GW backgrounds

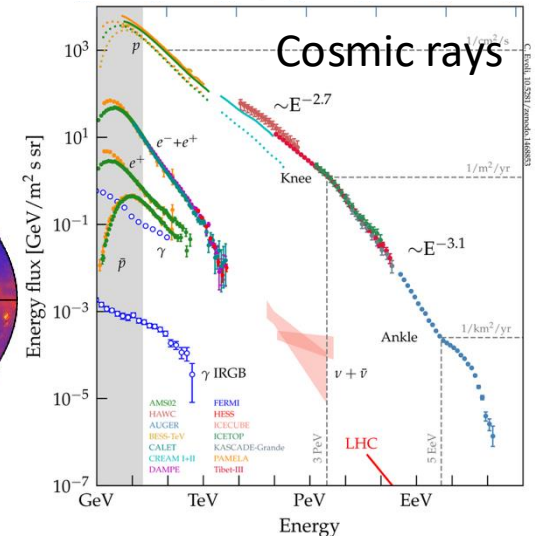
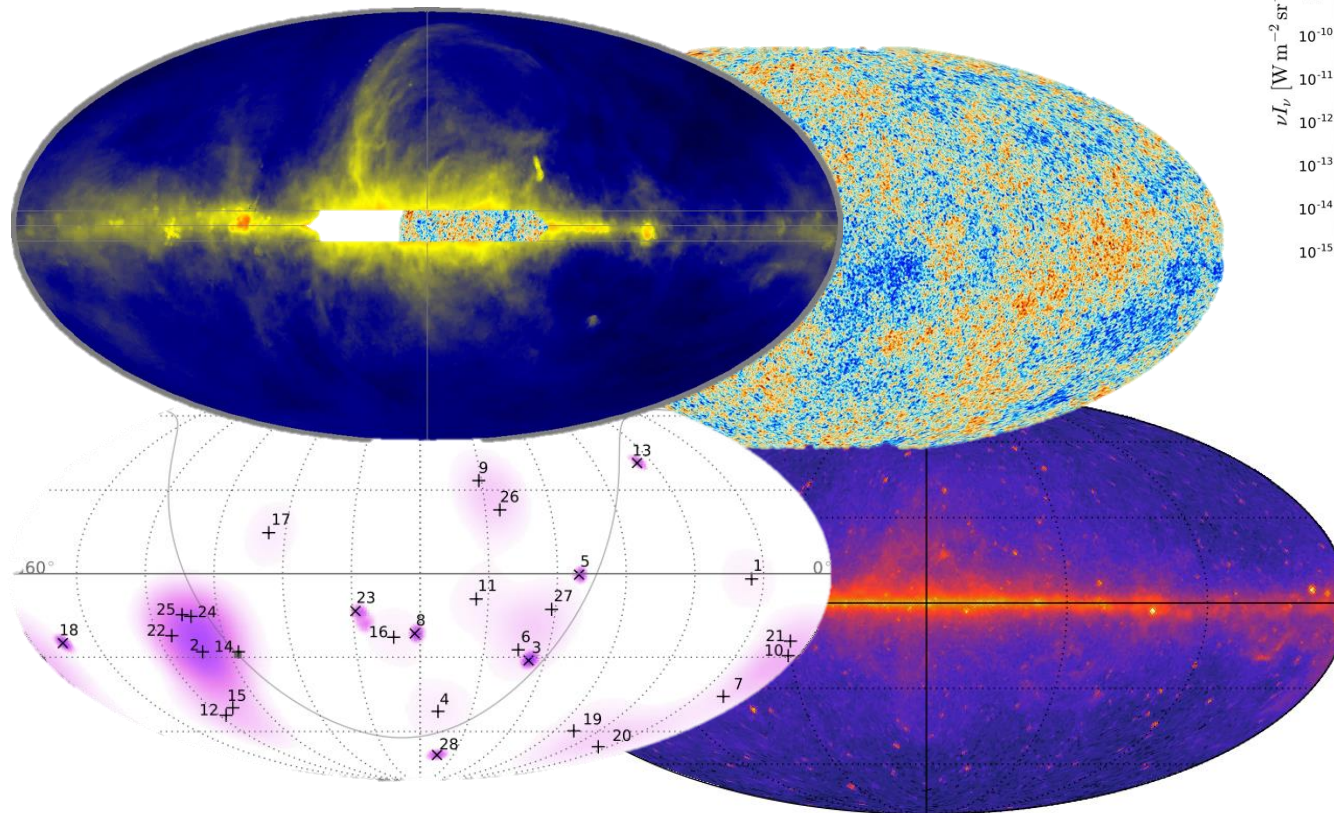
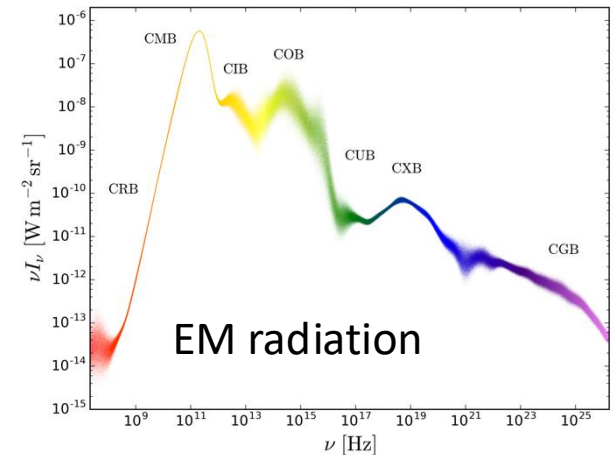
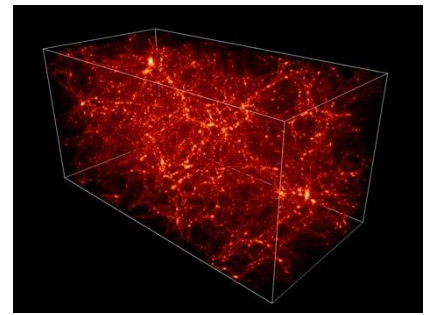
- PBH formed from collapse of large fluctuations
- Non-perturbative production of DM

- DM compact objects

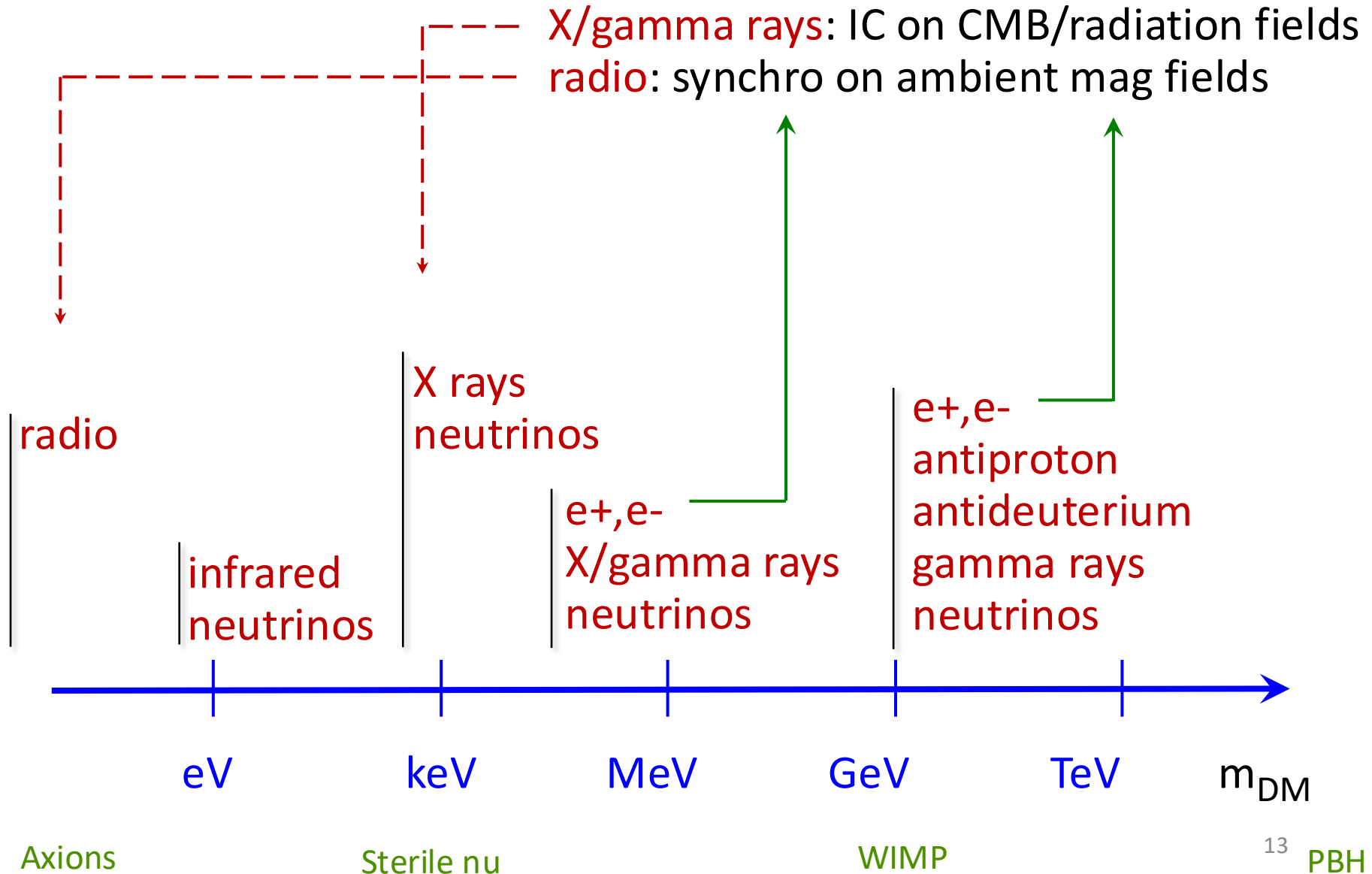
Tools at hand

Cosmic messengers

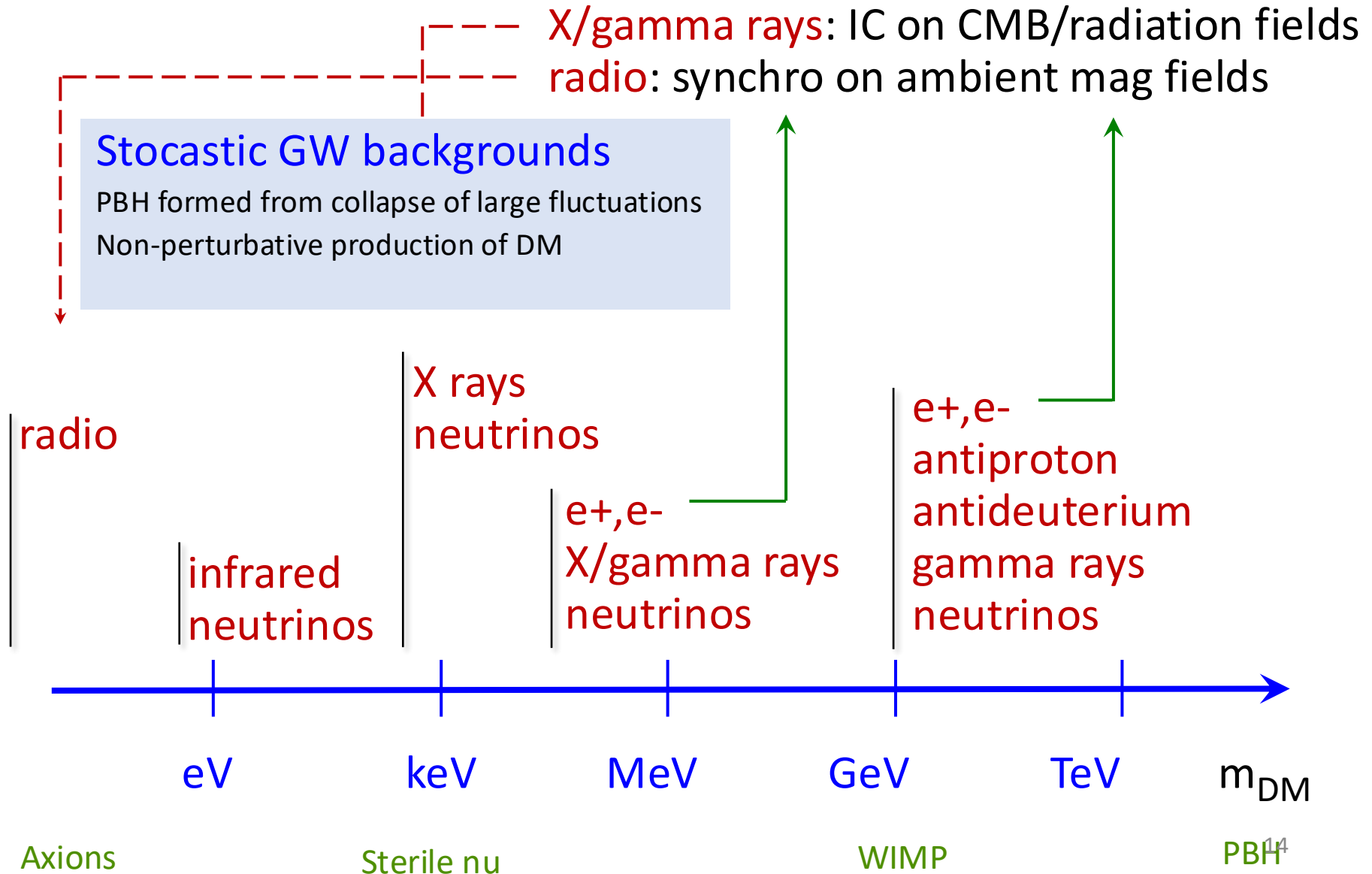
- DM can inject high/low-energy particles (messengers) into cosmological environments (our Galaxy, external galaxies, clusters, filaments, voids):
 - Decay | annihilation | conversion if a particle
 - Evaporation or accretion if a PBH



The Multimessenger Landscape



The Complete Multimessenger Landscape



Tools at hand

Cosmic messengers

- DM can inject high/low-energy particles (messengers) into cosmological environments (our Galaxy, external galaxies, clusters, filaments, voids):
 - Decay | annihilation | conversion if a particle
 - Evaporation or accretion if a PBH
- Messengers might be **reprocessed** during their travel to us
- Dark matter itself can be the origin of “cosmic messengers reprocessing” (e.g.: ALP birefringence, gamma-ray hardening through ALPs)
- **Complex system** of signals
- Typically dominant **astrophysical backgrounds**
- Probe **DM interactions** with itself and visible sector
- Multi-messenger and multi-wavelength **correlations**
- **Correlations** with cosmological surveys

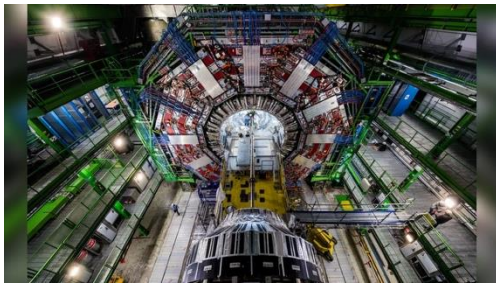
Tools at hand

Experiments in the Lab

- **Passive but directly probe DM:** direct detection, haloscopes, helioscopes



- **Active but indirect:** production at high energy accelerators | high intensity beams | axion lab experiments



Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

All of them require that DM “cosmological stability” is ensured
(accidentally | through a symmetry | ad hoc | just leave enough)

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

String theory models often have many scalar field, which could either induce inflation or give a motivation for ALPs

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

In principle, well motivated
ALP extension worth to be explored

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Well motivated extension (neutrinos need a mass) although different realizations possible and link to DM might or might not be present (would be a great economical option, especially if leptogenesis is part of the solution)

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons, Z'
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Might be the DM or be part of a hidden sector which contains a DM particle (in which case work as new force mediators and might be mixed with ordinary photons)

Introduce long-range forces if very light

Not too different from WIMPs if heavier (but require “millicharge”)

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Scalar field sector of the SM might be larger
Many NP extensions require/predict more scalars

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Very strong and predictive symmetry, but needs to be broken

SUSY breaking not understood: induces many frameworks, very large # of free parameters, loosing somehow predictability (not always)

Accelerator bounds progressively increase, pushing SUSY scale at higher energies: naturalness in jeopardy, but technically not a short-stopper (SUSY is needed e.g. for string theory or preferred for gauge-coupling unification)

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Contrary to SUSY, it's possible to contain the # of free parameters (e.g. the compactification scale)

Accelerator bounds progressively increase the scale at higher energies

Extra-dim are needed for string theory, but the scale can be close to Planck scale (no need to be accelerator reachable, in principle)

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Ad hoc, but very predictive: e.g. MDM has just one free parameter (DM mass) and SM gauge couplings, successful MDM requires $M_{\text{DM}} = \text{several TeV}$, predicts a bunch of associated (almost degenerate in mass with DM) charged fermions

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

In principle, well motivated since matter/antimatter asymmetry has to be generated

Often, this is achieved by providing also mass to neutrinos

It would be an excellent solution: hit 3 birds with a stone (disclaimer: no bird has been harmed in building these models)

Connection to particle physics models

- Axion-like, wave (scalar, pseudo-scalar)
 - String theory?
 - Inflationary models?
 - Ad hoc?
- QCD axion (pseudo-scalar)
 - Strong CP-problem
- Sterile neutrinos
 - Very light, KeV, Heavy
 - Neutrino mass models, leptogenesis models
- Dark photons
 - Gauge group extensions: $U(1)'$, $SU(2)'$
- Heavy (pseudo) scalars
 - Scalar sector extensions: singlets, 2HDM, triplets
- WIMPs
 - Supersymmetry
 - Extra dimensions
 - Minimal DM models
 - Leptogenesis models
- Very heavy particles
 - GUT
 - Leptogenesis

Compelling or not? Theoretically intriguing, although protons are so stubborn not to have shown to decay (yet)

Assessing the nature of DM?

- Unfortunately, there is **no single and clear** theoretical direction to follow (although there are some guiding principles)
- “Aesthetic” motivations like naturalness for supersymmetry are declining (susy scale progressively pushed up by accelerators searches)
- Even if a new particle is found in a lab experiment, a key challenge will be to confirm that it is **the** DM particle (caveat: DM might **not** be a particle, see PBH or wavy DM – or even modified gravity)
- A **single technique** is currently **insufficient** to probe the vast landscape of viable DM candidates, and this will not change anytime soon – maybe it's not even desirable
- Looking for general features of **classes of dark sectors** (theoretically) and **classes of signals** (phenomenologically and observationally) might be particularly effective: once something is found, more specific model specifications will follow
- Many (although not all) DM scenarios have many **complementary signals** available: this is very captivating and need to be exploited

Opportunities

- Do we have clear **signatures** for astrophysical | lab signals? How **clear** are them?
 - **Direct detections**: annual/diurnal modulation | directionality
 - **Indirect searches**:
 - Photon **lines** (axion, WIMPs) in all bands (radio, IR, UV, X, gamma)
 - Low-energy **AntiD**, **antiHe**
 - Other?

Opportunities

- Do we have clear **signatures** for astrophysical | lab signals? How **clear** are them?
 - **Direct detections**: annual/diurnal modulation | directionality
 - **Indirect searches**:
 - Photon **lines** (axion, WIMPs) in all bands (radio, IR, UV, X, gamma)
 - Low-energy **AntiD**, **antiHe**
 - Other?
- **Spectral | morphological distortions | excesses** are enough?
 - Antiproton** few GeV excess (spectral)
 - Gamma-ray galactic center** excess (morphological with spectral info)
 - ARCADE** radio excess (size)
 - Positron** “excess” (spectral – likely pulsars)
 - CMB**, **ionization** history

Opportunities

- Do we have clear **signatures** for astrophysical | lab signals? How **clear** are them?
 - **Direct detections**: annual/diurnal modulation | directionality
 - **Indirect searches**:
 - Photon **lines** (axion, WIMPs) in all bands (radio, IR, UV, X, gamma)
 - Low-energy **AntiD**, **antiHe**
 - Other?
- **Spectral | morphological distortions | excesses** are enough?
 - Antiproton** few GeV excess (spectral)
 - Gamma-ray galactic center** excess (morphological with spectral info)
 - ARCADE** radio excess (size)
 - Positron** “excess” (spectral – likely pulsars)
 - CMB, ionization** history
- How to better control astrophysical **backgrounds | foregrounds**?

Opportunities

- Do we have clear **signatures** for astrophysical | lab signals? How **clear** are them?
 - **Direct detections**: annual/diurnal modulation | directionality
 - **Indirect searches**:
 - Photon **lines** (axion, WIMPs) in all bands (radio, IR, UV, X, gamma)
 - Low-energy **AntiD**, **antiHe**
 - Other?
- **Spectral | morphological distortions | excesses** are enough?
 - Antiproton** few GeV excess (spectral)
 - Gamma-ray galactic center** excess (morphological with spectral info)
 - ARCADE** radio excess (size)
 - Positron** “excess” (spectral – likely pulsars)
 - CMB**, **ionization** history
- How to better control astrophysical **backgrounds | foregrounds**?
- Are there **windows** that are still not properly exploited (e.g. **MeV gap**)? **Gravitational waves** are a new window of opportunity for DM?

Opportunities

- Do we have clear **signatures** for astrophysical | lab signals? How **clear** are them?
 - **Direct detections**: annual/diurnal modulation | directionality
 - **Indirect searches**:
 - Photon **lines** (axion, WIMPs) in all bands (radio, IR, UV, X, gamma)
 - Low-energy **AntiD**, **antiHe**
 - Other?
- **Spectral | morphological distortions | excesses** are enough?
 - Antiproton** few GeV excess (spectral)
 - Gamma-ray galactic center** excess (morphological with spectral info)
 - ARCADE** radio excess (size)
 - Positron** “excess” (spectral – likely pulsars)
 - CMB**, **ionization** history
- How to better control astrophysical **backgrounds | foregrounds**?
- Are there **windows** that are still not properly exploited (e.g. **MeV gap**)? **Gravitational waves** are a new window of opportunity for DM?
- How relevant is to exploit **statistical correlations** among signals? Not just redundancy, explicit correlations (**radiation fields**) x (**gravitational probes**)

(full multi-wavelength/messenger) x (LSS, voids, lensing)

Inconclusive conclusions

The astroparticle physics community has come a long way since the first IDM Conference 30 years ago

We have made tremendous progress in deepening our understanding of dark matter, extending ideas in many, sometimes unexpected, directions and more are steadily coming

Although a solution to the dark matter problem has not yet been found, we have an ambitious and exciting program ahead for the next 30 years!